



Dear Spectrum Families,

Welcome back to another year with The School of Spectrum Dance Theater! I hope all of you had a restful and wonderful summer. This packet includes information pertaining to 2020-2021 dates, mission, policies, and dress code.

At The School of Spectrum Dance Theater, it is our priority to keep everyone safe in the midst of the COVID-19 pandemic. We strive to abide by governmental guidelines as we keep our community's, as well the general public's health in mind. The School of Spectrum Dance Theater would like to acknowledge the distress that remote learning may cause families, and the decision to move forward with virtual and in person learning was not made lightly. In addition, we are aware that everyone's situation is different and we encourage those with specific risks or concerns to reach out to the School Principal, Executive Director, or Artistic Director.

Starting September 14, 2020, The School of Spectrum Dance Theater will be operating on a **HYBRID IN-PERSON/VIRTUAL learning model** with the hopes that most students will have the chance to dance in the studio at least twice per month. To Register click [Here](#). To View the 2020 Schedule click [Here](#). While King County is in Phase 2, there will be no more than five students per class in the studio. In-person classes will be simulcast so as to allow students to continuously "take class" with their peers each week. This way, students will participate in the same class each week regardless of whether they are taking in-person or virtually. There will be ten in-person slots for Ballet, Jazz, Tap, Byrd, Contemporary Approach to Modern, Introduction to Choreography, and Lyrical classes, and students will rotate between virtual and in-person on an A/B schedule. See the School Calendar below for details on when Groups A and B will be attending in-person and virtual classes. There are enough in-person spots for students to sign up for **ONE** in-person Ballet class; all other classes are on a first-come-first-serve basis. **We ask that families interested in attending in-person classes sign up for only one Ballet class and one non-Ballet class initially** so as to allow other families the opportunity to take non-Ballet classes. When we move into Phase 3, we hope to have ten in-person students per class and class rotation will be addressed at that moment.

There will also be **VIRTUAL ONLY class options offered**, which will occur either at the same time as the hybrid in-person/virtual classes, or as separate class offerings.

If King County or the State of Washington go back into Lockdown, the class schedule will remain consistent and all classes will be offered via Zoom during their normal class time. We will proceed as usual with attendance and billing, and when the Lockdown order is lifted, we will resume in-person classes as soon as possible and pick up with the A/B schedule according to the School Calendar.

**All students participating in in-person classes will be required to fill out and submit a COVID-19 Liability Waiver with their registration materials. Students who are opting out of live classes will also have to sign a waiver.**

Please keep in mind that the **Madrona Park parking lot is currently closed**. Please plan accordingly with extra time for finding street parking and coordinating safe drop off of students until further notice.

As of September 14th, 2020, the School of Spectrum Dance Theater will operate according to the following procedures, which will remain in effect until further notice from the School Principal:

- All individuals in the building will wear masks for the duration of their time in the building.
- Before classes start, a COVID monitor/instructor will wipe down all commonly touched surfaces.
- Parents walk their child to the glass doors, students enter and parents remain outdoors.
- Students are greeted by a COVID monitor who will take their temperature and ask a few simple questions about their symptoms, or if they've been exposed to family or friends who have been infected. If they answer yes, they must exit the building immediately.
- If students feel ill, they must exit class and have the front desk call their parents to collect them immediately (if possible).
- Students are offered hand sanitizer and a disposable mask if they do not have their own cloth mask, then directed to place their belongings in a cubby, wash their hands, and find their designated spot in the studio for their class.
- If the studio is not cleaned yet, students may wait on designated waiting places in the hallway that will be marked 6 feet apart until entering the studio.
- Studios will have designated barre spots marked with tape. Large squares will delineate each student's space to stand in the center.
- Each student will be assigned a color or a letter that will remain the same for that particular class for the entire session.
- Along the perimeter of the room will be taped "zones," also color coded, where students may place their water bottle and take "mask breaks" when needed.
- Students may leave the studio at any time (only one at a time) to take a mask break, including standing outside for fresh air if needed (entrance and exit procedures followed, please sanitize again upon entrance).
- Instructors will be responsible for strict cleaning procedures between classes before a new group of students enters the studio.
- All classes will have staggered start and end times (15 minute intervals) so there is only ever one group of students in the common areas at one time.



- Please do not arrive more than 5 minutes before your child's class starts to eliminate as much contact between students as possible. If you arrive more than 5 minutes late for class you may not enter the building. Timeliness to class will help prevent excessive congregation of students in the common area.
- After class, students retrieve their belongings and exit the building immediately (within 5 minutes of class ending) through the south side door.
- Parents may line up and wait for students outside the south side door with masks on and appropriate 6ft distance between them.
- Depending on which phase the state is in class size will reflect the greater. Live classes may be substituted with online classes.

It is important to note that these protocols are tentative and are subject to change based on state and local guidance, and the pandemic itself. Should any student, company member, or staff member test positive for COVID-19 after the studio reopens, we may or may not close the building for cleaning. We will make every effort to keep everyone as safe as possible. In addition, if cases of COVID-19 spike again in our state or in our local area, we will consider whether to remain open or closed.

### ***Cleaning and Disinfecting Protocol***

All dancers/staff/students should do their part to help keep the studio as clean as possible by cleaning and disinfecting their area. Proper cleaning and disinfecting supplies will be provided by The School of Spectrum Dance Theater. Prior to leaving the area, dancers/staff/students should disinfect the area so that it is ready for the next class/day. Employees should wash their hands with warm water and soap for at least 20 seconds after cleaning or sanitizing a surface.

### ***Studio Procedures for Guests***

Until further notice, all nonessential visitors are prohibited.

The School of Spectrum Dance Theater may add to this list of procedures as the school year progresses. All faculty, staff, and student families should monitor school communications to ensure they are up to date on all health and safety communications. The School of Spectrum Dance Theater must be able to respond flexibly to changing circumstances as they arise. Thus guidelines contained in this packet are subject to changes and exceptions without prior notice at the discretion of The School of Spectrum Dance Theater. All decisions regarding the application or interpretation of this plan are also at the discretion of The School of Spectrum Dance Theater.

# 2020 School of Spectrum Dance Theater Calendar

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## **Session 1** September 14<sup>th</sup> – October 31<sup>st</sup>

- **WEEK 1:** September 14 - 20 Group A IN-PERSON, Group B VIRTUAL
- **WEEK 2:** September 21-27 Group B IN-PERSON, Group A VIRTUAL
- **WEEK 3:** September 28 -October 4 Group A IN-PERSON, Group B VIRTUAL
- **WEEK 4:** October 5 -11 Group B IN-PERSON, Group A VIRTUAL
- **WEEK 5:** October 12 -18 Group A IN-PERSON, Group B VIRTUAL
- **WEEK 6:** October 19 - 25 Group B IN-PERSON, Group A VIRTUAL
- **WEEK 7:** October 26 - November 1 Group A IN-PERSON, Group B VIRTUAL

## **Session 2** November 2<sup>nd</sup> – December 19<sup>th</sup>

- **WEEK 8:** November 2 - 8 Group B IN-PERSON, Group A VIRTUAL
- **WEEK 9:** November 9 -15 Group A IN-PERSON, Group B VIRTUAL
- **WEEK 10:** November 16 - 22 Group B IN-PERSON, Group A VIRTUAL
- **WEEK 11:** November 23 - 25 Group A IN-PERSON, Group B VIRTUAL
- **SCHOOL CLOSED NOVEMBER 26 - 29**
- **WEEK 12:** November 30 - December 6 Group B IN-PERSON, Group A VIRTUAL
- **WEEK 13:** December 7 - 13 Group A IN-PERSON, Group B VIRTUAL
- **WEEK 14:** December 14 - 20 Group B IN-PERSON, Group A VIRTUAL
- **WINTER BREAK DECEMBER 21 - JANUARY 3**
- **Harlem Nutcracker (TBD)**

## **Session 3** January 4<sup>th</sup> – February 20<sup>th</sup> (A/B TBD)

- **Parent Watch Week** February 15<sup>th</sup> - 20<sup>th</sup>

## **Session 4** February 22<sup>nd</sup> – April 10<sup>th</sup> (A/B TBD)

- **SPRING BREAK APRIL 12 - 18**

## **Session 5** April 19<sup>th</sup> – June 5<sup>th</sup> (A/B TBD)

- **All School Demonstration (TBD)**
- **Choreography Showcase (TBD)**
- **Academy Showcase (TBD)**
- **Tentative ASD Dress Rehearsals @Spectrum June 10 and 11, 2020**



**Spectrum is CLOSED the following dates:**

- **Veterans Day** *November 11<sup>th</sup>*
- **Thanksgiving** *November 26<sup>th</sup> – 29<sup>th</sup>*
- **Winter Break** *December 21<sup>st</sup> – January 3<sup>rd</sup>*
- **M.L.K Day** *January 18<sup>th</sup>*
- **Spring Break** *April 12<sup>th</sup> – 17<sup>th</sup>*
- **Memorial Day** *May 31<sup>st</sup>*

In the event of inclement weather, The School of Spectrum Dance Theater follows the Seattle Public Schools weather policy. **We do not observe the Seattle Public School Mid-Winter Break.**

Lastly, I truly believe in the mission of this school. I wish I had had the chance to grow up at a studio like Spectrum. I am looking forward to working with you to keep Spectrum on its path to excellent and incomparable dance education. Thank you for your continued participation and support of The School of Spectrum Dance Theater.

Sincerely,

Chris Montoya, M.F.A  
Principal, The School of Spectrum Dance Theater

**Contact information**

**Front desk: (206) 325-4161**

For **payments and registration questions**, please contact the front desk staff: [staff@spectrumdance.org](mailto:staff@spectrumdance.org)

For **placement questions**, please contact Chris Montoya: [chris@spectrumdance.org](mailto:chris@spectrumdance.org)

For **Academy questions**, please contact Mary Sigward: [mary@spectrumdance.org](mailto:mary@spectrumdance.org)

## Who We Are...

**The mission of The School of Spectrum Dance Theater is to provide expert dance instruction in diverse dance forms to all.** The School of Spectrum Dance Theater is a reflection of the artistic standards set forth by Donald Byrd, exemplified by the motto “Dance for All.” While we recognize that there are certain physical attributes that are necessary to rise to the highest levels of being a professional dancer, at the center of The School’s values is a belief that Dance is for All. We believe that an “ideal body” for dance is one that moves well, and not one that necessarily conforms to a visual representation of an “ideal.”

Spectrum Dance Theater was founded in 1982 to bring dance of the highest merit to a diverse audience composed of people from different social, cultural, ethnic and economic backgrounds. The School’s primary focus is to make the art form of dance accessible to all with the desire and dedication, from the dance enthusiast to the professional dancer, without regards to body type or perceived ability. The School offers a diverse curriculum of the highest caliber to support the dance training of over 500 dedicated students. The professional faculty of outstanding teachers support and empower each student in achieving their very best at each level of study.

### **Vision:**

- To move the arts, in particular dance, from the marginal and ancillary to a central position among community activities.
- To make dance and the arts integral partners in civic dialogue, promoting healthy communities.
- To have dance and the arts be considered part of the solution to the myriad new and on-going challenges facing our communities.

### **Core Values:**

- We believe that a contemporary aesthetic enables dance to convey socially relevant themes.
- We believe in and support creativity, the creative process, and innovation.
- We believe that exposure, education, and training in the performing arts can be a transforming experience for individuals and communities.
- We believe that promoting arts literacy improves arts accessibility.
- We believe in programming, education, and training that bridges cultures.



**dance** - *verb* \ 'dan(t)s , 'dän(t)s \

**education** - *noun* ed·u·ca·tion \ ,e-jə-'kā-shən \

"...Teachers are role models and guides for the communities they lead, and they represent whatever tradition they espouse to the world... They should instill trust by the care and concern they show for others." –Mingyur Rinpoche

"The greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively." –Bob Marley

Remember that "Educate" means to draw out not to impose within...

### 10 Lessons The Arts Teach Us from The National Arts Education Association:

**1** THE ARTS TEACH CHILDREN TO MAKE **GOOD JUDGMENTS** ABOUT QUALITATIVE RELATIONSHIPS. UNLIKE MUCH OF THE CURRICULUM IN WHICH CORRECT ANSWERS AND RULES PREVAIL, IN THE ARTS, IT IS JUDGMENT RATHER THAN RULES THAT PREVAILS.

**2** THE ARTS TEACH CHILDREN THAT PROBLEMS CAN HAVE **MORE THAN ONE** SOLUTION AND THAT QUESTIONS CAN HAVE MORE THAN ONE ANSWER.

**3** THE ARTS CELEBRATE MULTIPLE **PERSPECTIVES**. ONE OF THEIR LARGE LESSONS IS THAT THERE ARE MANY WAYS TO **SEE** AND **INTERPRET** THE WORLD.

**4** THE ARTS TEACH CHILDREN THAT IN COMPLEX FORMS OF PROBLEM SOLVING, PURPOSES ARE SELDOM FIXED BUT CHANGE WITH CIRCUMSTANCE AND OPPORTUNITY. LEARNING IN THE ARTS REQUIRES THE **ABILITY** AND A **WILLINGNESS** TO SURRENDER TO THE UNANTICIPATED POSSIBILITIES OF THE WORK AS IT UNFOLDS.

**5** THE ARTS MAKE **VIVID** THE FACT THAT NEITHER WORDS IN THEIR LITERAL FORM NOR NUMBERS EXHAUST WHAT WE CAN **KNOW**. THE LIMITS OF OUR LANGUAGE DO NOT DEFINE THE LIMITS OF OUR **COGNITION**.

**6** THE ARTS TEACH STUDENTS THAT **SMALL DIFFERENCES** CAN HAVE **LARGE EFFECTS**. THE ARTS TRAFFIC IN SUBTLETIES.

**7** THE ARTS TEACH STUDENTS TO THINK THROUGH AND WITHIN A MATERIAL. ALL ART FORMS EMPLOY SOME MEANS THROUGH WHICH **IMAGES** BECOME **REAL**.

**8** THE ARTS HELP **CHILDREN LEARN** TO SAY WHAT CANNOT BE SAID. WHEN CHILDREN ARE INVITED TO DISCLOSE WHAT A WORK OF ART HELPS THEM **FEEL**, THEY MUST REACH INTO THEIR **POETIC CAPACITIES** TO FIND THE WORDS THAT WILL DO THE JOB.

**9** THE **ARTS ENABLE** US TO HAVE **EXPERIENCE** WE CAN HAVE FROM NO OTHER SOURCE AND THROUGH SUCH EXPERIENCE TO **DISCOVER** THE RANGE AND VARIETY OF WHAT WE ARE CAPABLE OF **FEELING**.

**10** THE ARTS' POSITION IN THE SCHOOL CURRICULUM SYMBOLIZES TO THE YOUNG WHAT ADULTS **BELIEVE** IS **IMPORTANT**.

# The School of Spectrum Dance Theater Policies

1. Students will be enrolled in class when all registration, payment, and waivers have been completed. Late payments will incur a late fee.
2. **Tuition is non-refundable** unless there is a medical note from a licensed practitioner.
3. Students should be accompanied by a parent or guardian to the glass doors of the building and should be picked up from the south door of the building. The School of Spectrum Dance Theater cannot be responsible for students who are dropped off outside or who venture outside to be picked up.
4. The School of Spectrum Dance Theater reserves the right to cancel classes due to low enrollment. If The School of Spectrum Dance Theater cancels a class, class credit will be provided.
5. The School of Spectrum Dance Theater does not provide supervision of students outside of the classroom. Students arriving early for class or who are waiting to be picked up are expected to conduct themselves appropriately.
6. Every member of The School of Spectrum Dance Theater is expected to respect all students. The School of Spectrum Dance Theater reserves the rights to suspend, dismiss, or refuse services to any student whose attitude or behavior conflicts with the standard of The School, or whose actions are deemed detrimental to other students or The School as a whole.
7. The following is not permitted at The School Spectrum Dance Theater:
  - Physical intimidation, threat of injury or harassment of any kind.
  - Theft or destruction of school/studio property.
  - Verbal abuse; lewd or vulgar conduct or use of profanity.
  - Sexual harassment, coercion, or any behavior or interaction that is perceived by faculty, staff, students or parents, as sexually inappropriate or unwelcome in any way.
  - Students are reminded that any of the above behavior, if perpetrated by a student over the age of 18 years, toward a student under legal age, could lead to expulsion and possible criminal/legal prosecution.
  - Possession of illegal drugs and/or alcohol: use, sale or distribution of illegal substances will be subject to legal action. Any student under the influence of





- drugs or alcohol will be subject to expulsion.
- Weapons or firearms of any kind.
- Any use of the Internet or cell phones deemed improper by Spectrum Dance Theater faculty, parents or staff.

Violation of any of the aforementioned list may result in but is not limited to:

- Dismissal from The School of Spectrum Dance Theater
  - Suspension from classes
  - Fines
  - Probation
  - Being banned from the premises
  - Counseling services referral(s)
8. Please do not arrive more than 5 minutes before your child's class starts to eliminate as much contact between students as possible. If you arrive more than 5 minutes late for class you may not enter the building. **Timeliness to class will help prevent excessive congregation of students in the common area.**
  9. Photography and videotaping by parents is not allowed without prior permission from The School of Spectrum Dance Theater and the instructor.
  10. Only The School of Spectrum Dance Theater faculty and staff may operate sound systems, air conditioning, heaters, fans, and other studio equipment.
  11. Rough housing, climbing on barres, throwing objects, and running in the halls are not allowed in the studio.
  12. The School of Spectrum Dance Theater is not responsible for lost or stolen items. A lost and found is kept in a box in the lobby. Articles that remain in the lost and found for an extended period of time will be donated to charity. Please do not leave valuables unattended in the lobby or dressing rooms.
  13. Please refrain from use of the dressing rooms to change clothes.
  14. No gum, food, or drinks (glass or ceramic) are allowed in the studios. Water is the only beverage allowed inside the studios. Please remember to bring your water bottle with you when you leave.

15. Please keep the lobby clean by using the trash and recycle bins in the lobby.
16. The School of Spectrum Dance Theater reserves the right to refuse service to anyone.
17. Classes are subject to change. The School of Spectrum Dance Theater reserves the right to engage a substitute teacher when the regular teacher cannot attend class.
18. **Attendance is very important.** When a student misses class(es), it impacts the student as well as the class as a whole. Poor attendance may affect the student advancing to the next level, participating in the All School Demonstration, and continuing to attend that particular class. The following guidelines will be implemented for unexcused absences:
- If a student has **2 absences** within a seven-week session, the family must contact the front desk and the Principal to update their status and participation in the class. The School of Spectrum Dance Theater **will make every effort to work with families to ensure student(s) can come back to class.** After a third absence within a seven-week session without communication from a guardian, student(s) will be automatically removed from the class. There will be no refund or class credit without a medical note from a licensed practitioner.
19. The School of Spectrum Dance Theater follows Seattle Public Schools inclement weather procedures. If Seattle Public Schools are closed, The School of Spectrum Dance Theater will be closed for all classes. If Seattle Public Schools has a 2-hour delay, The School of Spectrum Dance Theater will open at 11:00 am and classes before 11:00 am will be canceled. There are no make-up classes nor refunds for weather-related closures. We will post our changes in operating hours by 7:00 am in the following locations:
1. Spectrum website: [www.spectrumdance.org](http://www.spectrumdance.org)
  2. The School of Spectrum Dance Facebook page
  3. Spectrum Dance Theater Facebook page

Should weather change during the day and we need to close *that day* for safety reasons, we will notify families by email and post it on our website. In the event of a prolonged weather system, The School of Spectrum Dance Theater prioritizes health and safety. We will reopen when roads and conditions are safe. Please follow the website and Facebook pages for updates.



## The School of Spectrum Dance Theater Dress Code

The following dress codes will be observed in The School of Spectrum Dance Theater's Children and Youth Division classes. Class instructors or School Principal must approve any exceptions to these dress codes. No jewelry should be worn to class. This includes large earrings, watches, bracelets, and necklaces. Please leave all valuables at home.

### **CREATIVE DANCE**

Comfortable clothing that allows the dancer to move, bare feet, or ballet slippers. Long hair must be pulled back neatly off of the face.

### **CONTEMPORARY/JAZZ/LYRICAL/CHOREOGRAPHY**

Female identifying students wear any color tank leotard, pink or black tights with leggings or shorts; bare feet for contemporary or black leather jazz shoes for jazz and lyrical, hair pulled neatly off of the face. Male identifying students wear any solid color cap sleeve or tank t-shirt, black footless leggings or tights, and dance belt; bare feet for contemporary, black leather jazz shoes for jazz and lyrical.

### **TAP**

All dancers wear comfortable clothes to move in. No midriffs showing. Black tap shoes required.

### **BALLET**

Ballet (Pre-Ballet-Ballet VII): Female identifying students: for all classes wear pink convertible or footed tights, pink leather ballet slippers, hair pulled back neatly off face in a bun. Female identifying dancers of color may use flesh tone tights and ballet slippers. Male identifying students: wear black fitted ankle length leggings or black footless tights, white short sleeve or tank t-shirt tucked into tights or leggings, white ankle socks, black split sole leather ballet slippers, and dance belt.

Please note that each level of ballet will have a required color of leotard for female identifying students according to the ballet level (skirts and tutus are not allowed). Tanks, camisole, or cap sleeve leotards are allowed.

**Pre-Ballet: Light Pink**

**Ballet I: Light Blue**

**Ballet II: Light Yellow**

**Ballet III: Purple (Deep)**

**Ballet IV: Teal (Deep)**

**Ballet V: Burgundy**

**Ballet VI: Navy**

**Ballet VII: Black**